

**Michigan Department of Education  
Office of Health and Nutrition Services  
School Nutrition Programs**

**Local Wellness Policy:  
Triennial Assessment Summary**

## Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

## Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

## Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

## Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

## Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

[https://www.michigan.gov/mde/0,4615,7-140-66254\\_50144-194546--,00.html](https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html)

## Section 1: General Information

School(s) included in the assessment:  
White Pigeon Community Schools

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Month and year of current assessment: 3/22

Date of last Local Wellness Policy revision: 6/21

Website address for the wellness policy and/or information on how the public can access a copy:  
[www.wpcschoools.org](http://www.wpcschoools.org) Go to policies and look for Wellness Policy

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## Section 2: Wellness Committee Information

How often does your school wellness committee meet? Yearly

School Wellness Leader:

Name	Job Title	Email Address
Katherine Ferrell	Food Service Director	kferrell@wpcschoools.org

School Wellness Committee Members:

Name	Job Title	Email Address
Carrie Erlandson	Associate Superintendent	cerlandson@wpcschoools.org
Shelly McBride	Elementary Principal	<a href="mailto:smebride@wpcschoools.org">smebride@wpcschoools.org</a>
Todd Reynolds	MS/HS Principal	treynolds@wpcschoools.org
Brooke McClure	Assistant Principal	Bmclure@wpcschoools.org
Lori Shoppell	Teacher	lshoppell@wpcschoools.org

### Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

We used the Michigan Model Policy as our guide.

## Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

**Tip:** When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

**Michigan  
Department of  
Education  
Local  
Wellness  
Policy  
Assessment  
Plan**

School Name: White Pigeon Community Schools Date: 3/22

**Nutrition Promotion and Education Goal(s):**

<b>Goal</b> What do we want to accomplish?	<b>Action Steps</b> What activities need to happen?	<b>Timeli ne</b> Start dates	<b>Measurement</b> How is progres s	<b>Lea d Per son</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Compl ete?</b>
Nutrition education will include fun, enjoyable, developmentally appropriate and culturally relevant participatory activities, such as contests,	Discuss at back to school meeting with food service staff on getting back to promoting our department and doing fun activities for the students	Continue 2022-2023 school year	Food service director will plan the events for the year and check in with admin. department during monthly meetings.	Katherine Ferrell	Food service staff, students, teachers	In progress

<b>Goal</b> What do we want to accomplish	<b>Action Steps</b> What activities need to happen?	<b>Timeli ne</b> Start dates	<b>Measurement</b> How is progress	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Compl ete?</b>

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

<b>Goal</b> What do we want to accomplish	<b>Action Steps</b> What activities need to happen?	<b>Timeli ne</b> Start dates	<b>Measurement</b> How is progress	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Compl ete?</b>
The school principals will encourage the use of healthy food for all classroom parties, celebrations and snacks.	A list of approved food and non-food items made available for teachers and parents to use as a reference.	Beginning of the 2022-2023 school year.	Verbal check-ins with the teachers when planning classroom celebrations.	Principal	Teachers, parents, staff, students	No



Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

<b>Goal</b> What do we want to accomplish	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Complete?</b>
Any food and beverages marketed or promoted to students on the school campus during the school day will	Director of Food Service will only purchase ala carte snack and beverage items that are approved through the USDA Smart Snack calculator.	Already in place	Food service director will be responsible for ordering and will refused delivery of items that are not approved.	Katherine Ferrell	Teachers, staff, students, parents	Yes

Guidelines for other foods and beverages available on the school campus, but not sold:

<b>Goal</b> What do we want to accomplish	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Complete?</b>
Any food and beverages marketed or promoted to students on the school campus during the school day will	Director of Food Service will only purchase ala carte snack and beverage items that are approved through the USDA Smart Snack calculator.	Already in place	Food service director will be responsible for ordering and will refused delivery of items that are not approved.	Katherine Ferrell	Teachers, staff, students, parents	Yes

Marketing and advertising of only foods and beverages that meet Smart Snacks:



<b>Goal</b> What do we want to accomplish	<b>Action Steps</b> What activities need to happen?	<b>Timeline</b> Start dates	<b>Measurement</b> How is progress	<b>Lead Person</b>	<b>Stakeholders</b> Who will be involved and/or	<b>Complete?</b>